Choose a solution.
- Utilize existing local Instructors
- Train your own Instructors
- Sustain your Instructors

I’m new, tell me more.
- Why?
- What is Mental Health First Aid?
- Success Stories

I’m in, what next?
- Determine needs
- Evaluate existing training
- Convince your stakeholders
- Funding ideas

Still not sure?
- Set up a personal consultation with one of our experts

Share your success.
- Collect data
- Share your stories

One Mind Pledge Roadmap: Mental Health First Aid for Public Safety

www.MentalHealthFirstAid.org