One Mind Pledge Roadmap: Mental Health First Aid for Public Safety

1. I'm new, tell me more.
   - Why?
   - What is Mental Health First Aid?
   - MHFA Blog

2. I'm in, what next?
   - Determine needs
   - Evaluate existing training
   - Convince your stakeholders
   - Funding ideas

3. Choose a solution.
   - Utilize existing local instructors
   - Train your own instructors
   - Sustain your instructors

4. Still not sure?
   - Set up a personal consultation with one of our experts
   - Would you like to speak with one of our MHFA for Public Safety Course National Trainers (all active or retired Public Safety Officers) to learn more about the program?

5. Share your success.
   - Collect data
   - Share your stories

www.MentalHealthFirstAid.org