

MENTAL HEALTH FIRST AID













www.MentalHealthFirstAid.org





# Mental Health First Aider **eNews**

Welcome to the inaugural issue of the Mental Health First Aider eNews! Thank you again for getting trained in Mental Health First Aid. This biweekly newsletter from Mental Health First Aid USA will help you stay on top of the latest news and resources to be an informed first aider to your friends, neighbors, and colleagues.



#### What's New

Have you heard? On April 24, we launched Mental Health First Aid for Military Members, Veterans and their Families! The new program was developed by and for service members. Watch the launch event, which aired live on CSPAN on April 24.



# First Aider Resources

Did you complete the course, but never received your evaluation link or certificate? Find it here

Are you interested in becoming a Mental Health First Aid instructor? Find more information about the 5-day training, including our new training dates and locations here.

Coming Soon: A Mental Health First Aider recertification course. Stay tuned for additional details in a future issue of eNews.

Mental Health First Aid USA is coordinated by the National Council for Behavioral Health, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health.



### **TRAINING & EVENTS**

The National Council for Behavioral Health, in partnership with the Georgetown University Center for Child and Human Development National Technical Assistance Center for Children's Mental Health, is starting a nationwide research project on Mental Health First Aid. As a part of the study, you may receive a link to an online survey from MHFA@georgetown.edu. If you receive the survey link, please help us by completing the survey as soon as possible. Thank you in advance for participating in this exciting project!



#### **FAST FACT**



210,843 people certified in Mental Health First Aid to date.

> California has the most first aiders certified with 26,885 (Missouri is second with 14,764 and Pennsylvania is third with 14,114)!

Check out the ALGEE-ometer to see where your state ranks!



## ALGEE IN ACTION



Have you used your Mental Health First Aid training or put ALGEE into action? We want to hear about it! Send your story to info@mentalhealthfirstaid.org and it could be featured in our next issue.



CONTACT

For more information, email Communications@TheNationalCouncil.org or call 202.684.7457.