

# One Mind Pledge Roadmap: Mental Health First Aid for Public Safety

## I'm new, tell me more.

- [Why?](#)
- [What is Mental Health First Aid?](#)
- [MHFA Blog](#)

1

2

## I'm in, what next?

- Determine needs
- [Evaluate existing training](#)
- [Convince your stakeholders](#)
- [Funding ideas](#)



3

## Choose a solution.

- [Utilize existing local Instructors](#)
- [Train your own Instructors](#)
- [Sustain your Instructors](#)

4

## Still not sure?

- [Set up a personal consultation with one of our experts](#)
- [Would you like to speak with one of our MHFA for Public Safety Course National Trainers \(all active or retired Public Safety Officers\) to learn more about the program?](#)

5

## Share your success.

- [Collect data](#)
- [Share your stories](#)



[www.MentalHealthFirstAid.org](http://www.MentalHealthFirstAid.org)