

# Find teen Mental Health First Aid **Instructor Training Courses**

Is your organization considering training 10 or more teen Mental Health First Aid (tMHFA) Instructors? If so, hosting a private virtual instructor training may be the best option. Please email us at teenMHFA@thenationalcouncil.org to learn more.

**IMPORTANT UPDATE:** With news about COVID-19 developing rapidly – and with your health top of mind – all MHFA Instructor trainings will be conducted remotely through March 2021. The virtual training will cover the same content as in-person training, and you will be eligible for full Instructor certification. This is 3 days of live, interactive training presented by MHFA National Trainers. Each day of instruction will run 6-8 hours.

Please note: Before Instructors can apply to attend an upcoming tMHFA Instructor Training, organizations must apply to the National Council for Behavioral Health and be registered as tMHFA Implementing Sites. Once accepted, tMHFA Implementing Sites may invite Instructor candidates to apply to attend a three-day tMHFA Instructor Training.

After you are accepted as a tMHFA Instructor candidate, you will receive an email asking you to select your training location preferences. We will register you for a training session based on those preferences. If your preferred trainings are full, we will email you a list of alternatives. We will update this page as new information becomes available, so please check back here often.

#### <u>BRING tMHFA TO</u> **OUR ORGANIZATION**

#### VIRTUAL INSTRUCTOR TRAINING FORMAT

- Participants will complete approximately 4 hours of pre-work before the first day of training. This includes watching a series of modeling videos of the training and completing questions in an Instructor Processing Guide. You will receive the pre-work one week before your first day.
- Participants will be shipped the necessary materials for the course once registration has been confirmed. There • will be no additional charges for course materials.
- The online course will last 3 days, with 6-8 hours of content each day. This is a live, interactive course taught by • MHFA National Trainers.
- Participants will present on a portion of the tMHFA curriculum on the third day of the Instructor training and be evaluated by a MHFA National Trainer to receive certification.

## **Upcoming Virtual tMHFA Instructor Trainings:**

December 2020					
Date	Curriculum	Time Zone	Location		
12/7 – 12/9	teen	EST	Virtual Training – via Zoom		
12/9-12/11	teen	CST	Virtual Training – via Zoom		

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12/14 - 12/16	teen	EST	Virtual Training – via Zoom
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January 2021					
Date	Curriculum	Time Zone	Location		
1/12 - 1/14	teen	EST	Virtual Training – via Zoom		

## February 2021

Date	Curriculum	Time Zone	Location
2/16 - 2/18	teen	PST	Virtual Training – via Zoom