

Riana Elyse Anderson, Ph.D., LCP



Dr. Riana Anderson earned her degree in Clinical Psychology and is an Assistant Professor at the University of Michigan. Her research centers around discrimination and racial socialization in Black families, and how family-based interventions help to improve Black youth's psychological well-being. Her work assists families in healing from racial stress and trauma.

Dr. Anderson is also the developer and director of the EMBRace (Engaging, Managing, and Bonding through Race) intervention and has received notable awards for her work from the Federation of Associations in Behavioral & Brain Sciences and the University of Michigan. [Read more.](#)