



# teen MENTAL HEALTH FIRST AID Training Pricing

**teen Mental Health First Aid (tMHFA)** aims to provide the highest impact training for its participating Instructors, teens and organizations. As you create your tMHFA training plan, there are a few factors to keep in mind:

1. Plan to certify at least one Instructor for every 125 teens.
2. Determine the amount of time it would take to train your entire grade level (e.g., training all students in one semester vs. across the academic year).
3. The size, scope and desired timeline of your training plan will help to determine the number of Instructors needed. For example, a school district may choose to host a private Instructor training while a small youth-serving community program may choose to train one Instructor.

Have additional questions? [Our tMHFA Client Development Managers](#) are here to help you select the right resources to realize your tMHFA training goals.

## Purchasing Options

**tMHFA Site Bundle: Instructor Training and Manuals** – For schools or organizations purchasing the tMHFA program, with each tMHFA Instructor candidate trained, sites receive 125 tMHFA manuals.

**Private tMHFA Instructor Training Bundle** – Contract with the National Council to train up to 16 of your tMHFA Instructor candidates in a closed session.

**tMHFA Instructor Training for Independent Instructors** – If you are not affiliated with an organization and have not secured a school or organization to teach at, you can become trained as a tMHFA Instructor.

**How to find an Instructor** – Our team is happy to help you find an Instructor to implement tMHFA at your site. [Complete this interest form](#), and a team member will contact you.

### Individual School or Youth-serving Organization

**tMHFA Site Bundle:** Instructor training and manuals

**What's Included:**

- » 3-day tMHFA Instructor training for one Instructor candidate
- » 1-day optional training for Blended certification
- » 125 tMHFA manuals

**\$3,300**

### School District or Enterprise/Large Organization

*(purchasing and coordinating for multiple schools or sites)*

**Private Instructor training Bundle:** Instructor training and manuals for up to 16 Instructor candidates

**What's Included:**

- » Private 3-day tMHFA Instructor training for up to 16 participants
- » 1-day optional training for Blended certification
- » 2,000 tMHFA manuals

**\$52,800**

### Independent Instructor Candidate

*(partnering with a school and/ or organization. This is for independent Instructors who are not affiliated with an organization and have not yet secured a school or organization to teach at.)*

**Product Bundle:** tMHFA Instructor training for Independent Instructors

**What's Included:**

- » 3-day tMHFA Instructor training
- » 1-day optional training for the blended certification
- » Instructor Materials

**\$1,700**

### Individual Schools or Youth-serving Organizations of any size

**Product Bundle:** Manuals only

**What's Included:**

- » 125 manual bundle
- » Per manual

**\$1,600  
\$12.95**

**Note:** All teens must receive a physical manual when taking the tMHFA program. Accepted sites can purchase tMHFA manuals for \$12.95 per manual or \$1,600 for 125 manuals.

**Discounts:** Organizations that are members of the National Council for Mental Wellbeing will receive 10% off listed pricing. If you are interested in becoming a National Council member, please [submit this interest form](#), and someone from our team will reach out to discuss.