

Find teen Mental Health First Aid Instructor Training Courses

IMPORTANT: All [teen Mental Health First Aid \(tMHFA\)](#) Instructor trainings will be conducted remotely until further notice. Instructor training comprises three days of live, interactive training presented by two MHFA National Trainers by videoconference (Zoom). Each day of instruction will run six to eight hours. In addition, each training session requires approximately four hours of pre-work in which candidates watch a series of modeling videos and complete assignments.

Schools or Youth-Serving Organizations: Before Instructors can apply to attend an upcoming tMHFA Instructor Training, their schools or organizations must be registered as tMHFA Sites. This includes signing a contract with the National Council to show your organization's commitment to teaching the program with fidelity and adhering to the implementation requirements. The tMHFA Implementation Requirements can be found in Section 11 of the [tMHFA FAQs](#).

To begin registering as a tMHFA site, [complete the tMHFA Interest Form](#), and a member of our team will contact you. Once the contract is complete, your school or organization can send tMHFA Instructor candidates to any of our public trainings.

Larger School Districts or Organizations: If you're a larger school district or organization that would like to train up to 16 Instructor candidates at once, you may be interested in organizing a private tMHFA Instructor training for your staff. [Complete the tMHFA Interest Form to get in touch with a member of our team](#) to get started.

Independent Instructors: Instructor candidates who are not affiliated with an organization may take the tMHFA Instructor training but may not teach the tMHFA course without first recruiting a school or organization to register as a tMHFA Site and sign a contract with the National Council. Contact teenMHFA@TheNationalCouncil.org to register for a tMHFA Instructor training as an independent Instructor.

**BRING tMHFA TO YOUR
COMMUNITY**

NOW AVAILABLE: Blended tMHFA

tMHFA can be taught fully In Person or in a Blended format that combines self-paced and Instructor-led learning. All Instructors must take the standard 3-day tMHFA Instructor training, which certifies them to teach the in-person course. After taking the standard 3-day Instructor training course, Instructor candidates can register for an additional 1-day training to become certified in the Blended learning option.

Upcoming tMHFA Instructor Trainings:

Note: All Instructor trainings are conducted virtually.

February 2022			
Date	Curriculum	Time Zone	Location
February 8-10	3-day teen	PT	Virtual
February 16	1-day blended	CT	Virtual
February 22-24	3-day teen	CT	Virtual
February 28	1-day blended	CT	Virtual

March 2022			
Date	Curriculum	Time Zone	Location
March 8-10	3-day teen	ET	Virtual
March 16	1-day blended	CT	Virtual
March 22-24	3-day teen	CT	Virtual

April 2022			
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Date	Curriculum	Time Zone	Location
April 6-8	3-day teen	PT	Virtual
April 21	1-day blended	CT	Virtual
April 25-27	3-day teen	ET	Virtual

May 2022

Date	Curriculum	Time Zone	Location
May 9-11	3-day teen	CT	Virtual
May 19	1-day blended	CT	Virtual
May 23-25	3-day teen	PT	Virtual

June 2022

Date	Curriculum	Time Zone	Location
June 6-8	3-day teen	ET	Virtual
June 16	1-day blended	CT	Virtual
June 22-24	3-day teen	CT	Virtual