

Find Adult and Youth Mental Health First Aid Instructor Training Courses

MHFA Instructor Training Applications are automatically scored and if accepted, you will register for the training listed in your application. More information about the Instructor certification process and training cost can be found [here](#). To apply for an upcoming Instructor training, please click [here](#).

Missouri residents, please visit our state partner's website to apply for their in-state Instructor trainings. These trainings are open only to in-state residents: [Apply for Missouri Instructor Training](#)

Maryland residents, please visit their website to apply for their in-state Instructor trainings. These trainings are open only to in-state residents: [Apply for Maryland Instructor Training](#)

Is your organization considering training 10 or more instructors? If so, hosting a private virtual instructor training may be the best option. Please visit the [on-site instructor training page](#) for more information.

IMPORTANT UPDATE: With COVID-19 still impacting communities and with your health top of mind – all MHFA Instructor trainings will be conducted remotely through Spring 2023. The virtual training will cover the same content as in-person training, and you will be eligible for full Instructor certification. The remote Instructor training structure includes about 8 hours of course work due prior to the course, then 3 days of live interactive training presented by MHFA National Trainers. Each day of instruction will begin at 9:00 am and end by 5:00 pm in the time zone indicated. Please review the [IT requirements and course overview](#) before applying for a virtual training option.

Upcoming MHFA Instructor Trainings:

Note: All Instructor trainings are conducted virtually, 9:00 AM- 5:00 PM in the time zone indicated

[CLICK TO APPLY FOR
AN INSTRUCTOR TRAINING](#)



March 2023

Date	Curriculum	Time Zone	Location
March 1-3	3-Day Youth	Remote PST	Virtual
March 1-3	3-Day Adult	Remote CST	Virtual
March 6-8	3-Day Youth	Remote CST	Virtual
March 6-8	3-Day Youth	Remote EST	Virtual
March 7-9	3-Day Adult	Remote EST	Virtual
March 8-10	3-Day Youth	Remote CST	Virtual
March 8-10	3-Day Adult	Remote EST	Virtual
March 13-15	3-Day Adult	Remote CST	Virtual
March 14-16	3-Day Youth	Remote PST	Virtual
March 14-16	3-Day Adult	Remote PST	Virtual
March 15-17	3-Day Youth	Remote EST	Virtual
March 15-17	3-Day Adult	Remote EST	Virtual
March 20-22	3-Day Youth	Remote CST	Virtual
March 20-22	3-Day Youth	Remote EST	Virtual
March 21-23	3-Day Adult	Remote CST	Virtual
March 22-24	3-Day Youth	Remote CST	Virtual
March 22-24	3-Day Adult	Remote EST	Virtual
March 27-29	3-Day Youth	Remote EST	Virtual
March 27-29	3-Day Adult	Remote CST	Virtual
March 28-30	3-Day Youth	Remote EST	Virtual
March 29-31	3-Day Youth	Remote CST	Virtual
March 29-31	3-Day Adult	Remote EST	Virtual