

Find Adult and Youth Mental Health First Aid Instructor Training Courses

MHFA Instructor Training Applications are automatically scored and if accepted, you will register for the training listed in your application. More information about the Instructor certification process and training cost can be found [here](#). To apply for an upcoming Instructor training, please click [here](#).

Missouri residents, please visit our state partner's website to apply for their in-state Instructor trainings. These trainings are open only to in-state residents: [Apply for Missouri Instructor Training](#)

Maryland residents, please visit their website to apply for their in-state Instructor trainings. These trainings are open only to in-state residents: [Apply for Maryland Instructor Training](#)

Is your organization considering training 10 or more instructors? If so, hosting a private virtual instructor training may be the best option. Please visit the [on-site instructor training page](#) for more information.

IMPORTANT UPDATE: With COVID-19 still impacting communities and with your health top of mind – all MHFA Instructor trainings will be conducted remotely through Spring 2023. The virtual training will cover the same content as in-person training, and you will be eligible for full Instructor certification. The remote Instructor training structure includes about 8 hours of course work due prior to the course, then 3 days of live interactive training presented by MHFA National Trainers. Each day of instruction will begin at 9:00 am and end by 5:00 pm in the time zone indicated. Please review the [IT requirements and course overview](#) before applying for a virtual training option.

Upcoming MHFA Instructor Trainings:

Note: All Instructor trainings are conducted virtually, 9:00 AM- 5:00 PM in the time zone indicated

[CLICK TO APPLY FOR
AN INSTRUCTOR TRAINING](#)



March 2023

Date	Curriculum	Time Zone	Location
April 3-5	3-Day Youth	Remote EST	Virtual
April 3-5	3-Day Adult	Remote CST	Virtual
April 4-6	3-Day Youth	Remote CST	Virtual
April 5-7	3-Day Adult	Remote PST	Virtual
April 5-7	3-Day Adult	Remote EST	Virtual
April 10-12	3-Day Youth	Remote PST	Virtual
April 10-12	3-Day Adult	Remote CST	Virtual
April 11-13	3-Day Youth	Remote EST	Virtual
April 11-13	3-Day Adult	Remote EST	Virtual
April 12-14	3-Day Adult	Remote CST	Virtual
April 12-14	3-Day Youth	Remote EST	Virtual
April 17-19	3-Day Youth	Remote CST	Virtual
April 18-20	3-Day Adult	Remote EST	Virtual
April 18-20	3-Day Youth	Remote EST	Virtual
April 19-21	3-Day Adult	Remote CST	Virtual
April 19-21	3-Day Adult	Remote EST	Virtual
April 24-26	3-Day Youth	Remote CST	Virtual
April 24-26	3-Day Adult	Remote EST	Virtual
April 25-27	3-Day Youth	Remote PST	Virtual
April 25-27	3-Day Adult	Remote PST	Virtual
April 26-28	3-Day Youth	Remote EST	Virtual
April 26-28	3-Day Adult	Remote CST	Virtual
April 27-29	3-Day Youth	PST (Los Angeles, CA)	In-Person
April 27-29	3-Day Adult	PST (Los Angeles, CA)	In-Person