Find Adult and Youth Mental Health First Aid Instructor Training Courses

MHFA Instructor Training Applications are automatically scored and if accepted, you will register for the training listed in your application. More information about the Instructor certification process and training cost can be found here. To apply for an upcoming Instructor training, please click here.

Missouri residents, please visit our state partner's website to apply for their in-state Instructor trainings. These trainings are open only to in-state residents: Apply for Missouri Instructor Training

Maryland residents, please visit their website to apply for their in-state Instructor trainings. These trainings are open only to in-state residents: Apply for Maryland Instructor Training

Is your organization considering training 10 or more instructors? If so, hosting a private virtual instructor training may be the best option. Please visit the on-site instructor training page for more information.

IMPORTANT UPDATE: With COVID-19 still impacting communities and with your health top of mind – all MHFA Instructor trainings will be conducted remotely through Spring 2023. The virtual training will cover the same content as in-person training, and you will be eligible for full Instructor certification. The remote Instructor training structure includes about 8 hours of course work due prior to the course, then 3 days of live interactive training presented by MHFA National Trainers. Each day of instruction will begin at 9:00 am and end by 5:00 pm in the time zone indicated. Please review the IT requirements and course overview before applying for a virtual training option.

Upcoming MHFA Instructor Trainings:
Note: All Instructor trainings are conducted virtually, 9:00 AM- 5:00 PM in the time zone indicated

CLICK TO APPLY FOR AN INSTRUCTOR TRAINING

May 2023

Date	Curriculum	Time Zone	Location
May 1-3	3-Day Adult	Remote EST	Virtual
May 1-3	3-Day Youth	Remote CST	Virtual
May 2-4	3-Day Adult	Remote CST	Virtual
May 2-4	3-Day Youth	Remote EST	Virtual
May 3-5	3-Day Youth	Remote CST	Virtual
May 3-5	3-Day Adult	Remote EST	Virtual
May 8-10	3-Day Adult	Remote CST	Virtual
May 9-11	3-Day Youth	Remote EST	Virtual
May 9-11	3-Day Adult	Remote EST	Virtual
May 10-12	3-Day Youth	Remote PST	Virtual
May 10-12	3-Day Youth	Remote CST	Virtual
May 15-17	3-Day Adult	Remote PST	Virtual
May 15-17	3-Day Youth	Remote EST	Virtual
May 16-18	3-Day Adult	Remote EST	Virtual
May 16-18	3-Day Adult	Remote CST	Virtual
May 17-19	3-Day Youth	Remote CST	Virtual
May 17-19	3-Day Adult	Remote EST	Virtual
May 22-24	3-Day Youth	Remote EST	Virtual
May 22-24	3-Day Adult	Remote CST	Virtual
May 23-25	3-Day Youth	Remote CST	Virtual
May 24-26	3-Day Adult	Remote PST	Virtual
May 24-26	3-Day Youth	Remote PST	Virtual
May 29-31	3-Day Adult	Remote EST	Virtual
May 29-31	3-Day Adult	Remote CST	Virtual