

Mental Health First Aid Instructor Training

PUBLIC INSTRUCTOR CERTIFICATION PROCESS

Instructor certification results from attending a 3-day Instructor-Led Training that presents the Mental Health First Aid course and provides in-depth instruction on facilitating the curriculum. The entire Public Instructor Training process includes an application (takes about 10-15 minutes), self-paced pre-work (approximately 8 hours), remote 3-day Instructor-Led Training, and self-paced post work (around 2 hours). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

READY TO APPLY? [CLICK HERE!](#)

The Instructor Application is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role - Mental Health First Aid](#).

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor trainings. These trainings are only open to in-state residents.

Missouri residents: [Apply for Missouri Instructor Training](#)

Maryland residents: [Apply for Maryland Instructor Training](#)

PRIVATE HOSTED TRAINING

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.

If you have any questions or need assistance, please email MHFAapplications@thenationalcouncil.org.

Upcoming MHFA Instructor Trainings

EACH DAY OF THE TRAINING IS FROM 9 AM -5 PM IN THE TIME ZONE INDICATED.

Date	Curriculum	Time Zone	Location
May 9-11	3-Day Youth	Remote EST	Virtual
May 15-17	3-Day Youth	Remote EST	Virtual
May 17-19	3-Day Youth	Remote CST	Virtual
May 22-24	3-Day Youth	Remote EST	Virtual
May 23-25	3-Day Youth	Remote CST	Virtual
May 24-26	3-Day Youth	Remote PST	Virtual
May 30-June 1	3-Day Youth	Remote EST	Virtual
May 31-June 2	3-Day Youth	Remote CST	Virtual
June 5-7	3-Day Adult	Remote EST	Virtual
June 5-7	3-Day Youth	Remote CST	Virtual
June 6-8	3-Day Adult	Remote EST	Virtual
June 6-8	3-Day Adult	Remote CST	Virtual
June 7-9	3-Day Youth	Remote EST	Virtual
June 7-9	3-Day Adult	Remote EST	Virtual
June 12-14	3-Day Youth	Remote PST	Virtual
June 12-14	3-Day Adult	Remote PST	Virtual
June 13-15	3-Day Adult	Remote CST	Virtual
June 13-15	3-Day Youth	Remote EST	Virtual
June 14-16	3-Day Adult	Remote CST	Virtual
June 20-22	3-Day Youth	Remote CST	Virtual
June 20-22	3-Day Adult	Remote EST	Virtual

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