

## Mental Health First Aid Instructor Training

### *PUBLIC INSTRUCTOR CERTIFICATION PROCESS*

Instructor certification results from attending a 3-day Instructor-Led Training that presents the Mental Health First Aid course and provides in-depth instruction on facilitating the curriculum. The entire Public Instructor Training process includes an application (takes about 10-15 minutes), self-paced pre-work (approximately 8 hours), remote 3-day Instructor-Led Training, and self-paced post work (around 2 hours). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

### *READY TO APPLY? [CLICK HERE!](#)*

The Instructor Application is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role - Mental Health First Aid](#).

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor trainings. These trainings are only open to in-state residents.

**Missouri residents:** [Apply for Missouri Instructor Training](#)

**Maryland residents:** [Apply for Maryland Instructor Training](#)

### *PRIVATE HOSTED TRAINING*

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.

If you have any questions or need assistance, please email [MHFAapplications@thenationalcouncil.org](mailto:MHFAapplications@thenationalcouncil.org).

## Upcoming MHFA Instructor Trainings

***EACH DAY OF THE TRAINING IS FROM 9 AM -5 PM IN THE TIME ZONE INDICATED.***

|              |             |            |         |
|--------------|-------------|------------|---------|
| Aug 1-3      | 3-Day Youth | Remote CST | Virtual |
| Aug 1-3      | 3-Day Youth | Remote EST | Virtual |
| Aug 2-4      | 3-Day Adult | Remote EST | Virtual |
| Aug 2-4      | 3-Day Youth | Remote CST | Virtual |
| Aug 7-9      | 3-Day Adult | Remote CST | Virtual |
| Aug 8-10     | 3-Day Youth | Remote EST | Virtual |
| Aug 8-10     | 3-Day Adult | Remote EST | Virtual |
| Aug 9-11     | 3-Day Adult | Remote CST | Virtual |
| Aug 9-11     | 3-Day Youth | Remote PST | Virtual |
| Aug 14-16    | 3-Day Adult | Remote EST | Virtual |
| Aug 14-16    | 3-Day Youth | Remote CST | Virtual |
| Aug 15-17    | 3-Day Adult | Remote PST | Virtual |
| Aug 15-17    | 3-Day Youth | Remote EST | Virtual |
| Aug 16-18    | 3-Day Adult | Remote CST | Virtual |
| Aug 16-18    | 3-Day Youth | Remote CST | Virtual |
| Aug 21-23    | 3-Day Adult | Remote EST | Virtual |
| Aug 21-23    | 3-Day Youth | Remote EST | Virtual |
| Aug 22-24    | 3-Day Youth | Remote CST | Virtual |
| Aug 23-25    | 3-Day Adult | Remote CST | Virtual |
| Aug 28-30    | 3-Day Youth | Remote PST | Virtual |
| Aug 28-30    | 3-Day Adult | Remote EST | Virtual |
| Aug 29-31    | 3-Day Youth | Remote EST | Virtual |
| Aug 30-Sep 1 | 3-Day Adult | Remote CST | Virtual |
| Sep 6-8      | 3-Day Youth | Remote EST | Virtual |
| Sep 12-14    | 3-Day Adult | Remote PST | Virtual |
| Sep 18-20    | 3-Day Youth | Remote CST | Virtual |
| Sep 26-28    | 3-Day Adult | Remote EST | Virtual |

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