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Douglas Knutson, Ph.D., L.H.S.P., A.B.P.P., is an assistant professor in the School of Community Health Sciences, Counseling and Counseling Psychology at Oklahoma State University. He is a licensed health service psychologist in Oklahoma and board certified in counseling psychology.

Dr. Knutson serves as the coordinator for the Health, Education, and Rural Empowerment Lab, a consortium of scholars who research and advocate for LGBTQ+ health equity and resilience (learn more at [Health, Education, and Rural Empowerment Lab](#)). He also serves as co-director of the American Psychological Association (APA) Society of Counseling Psychology (SCP) Communications and Technology Board, an associate editor for the Journal of Rural Mental Health, and on the editorial boards of The Counseling Psychologist and Psychology of Sexual Orientation and Gender Diversity. His recent book, “Counseling in a Gender Expansive World: Resources to Support Therapeutic Practice,” provides gender affirming guidance for human service professionals. [Read more](#)