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Dr. Lisa Curtin is a professor of psychology at Appalachian State University, where she serves as the program director and director of clinical training for their Clinical Psychology Psy.D. program. Her research focuses on rural mental health (e.g., stigma), understanding and treatment of substance use problems, and social factors and body image.

Dr. Curtin received her Ph.D. in Clinical Psychology from Virginia Tech after completing a predoctoral internship at Brown University Alpert School of Medicine. Her undergraduate degree is from Florida State University. [Read more.](#)