

MENTAL HEALTH FIRST AID AT WORK



Mental Health
FIRST AID

from NATIONAL COUNCIL FOR
MENTAL WELLBEING

ACCESSING THE PROPROFS CLASSROOM

Please follow these steps to access your training pre-work, materials and post-work.

Welcome to Mental Health First Aid at Work

Mental health and well-being are key to a healthy, productive workforce. But each year, nearly one in five American adults experiences a mental health disorder that impacts them at home and work. This is .. [read more](#)

Email Or ID

Password [Forgot Password](#)

Login

Not registered? **Sign up**

Remember me

1. Access your classroom by clicking the link provided to you in your training email.

2. As a new user, click the “Sign Up” button. If you are an existing user, simply enter your credentials and click the “Sign In” button.

3. Complete the required fields. **Don't forget to use the join code provided in your training email.** Please remember your email and password so that you may return to your account later.

Note: It is highly recommended that you do not use your work password. Create a unique password.

User Registration

First Name Last Name

Email

Password Confirm Password

Join Code: @

Register



4. Click on your assigned coursework to begin your training as shown.

Note: The course title will vary depending on which training you are assigned. (i.e., Certification, General Awareness)

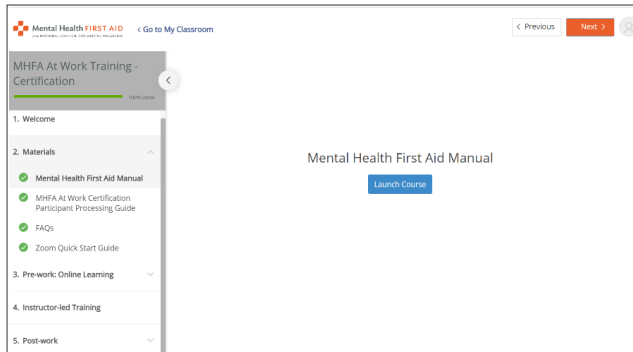
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UTILIZING THE PROPROFS CLASSROOM

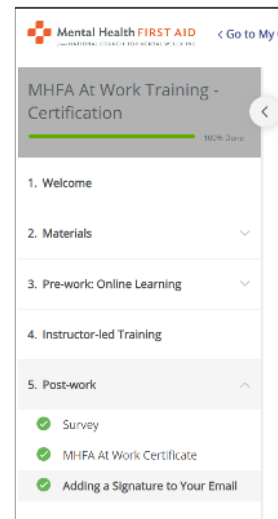


Training materials, such as the MHFA Manual and FAQs, can be found under the second tab, “Materials”.

Note: the MHFA Manual can only be viewed through ProProfs and not downloaded to any device.

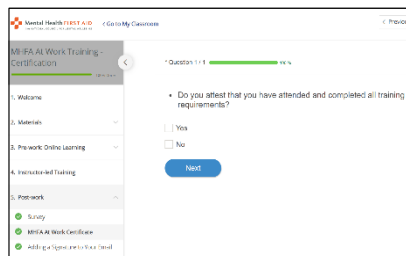
To earn the certification and receive 100% completion, confirm green check marks next to each activity including: reviewing all material, completing both surveys, and downloading the certificate and the signature for your email.

Note: please check with your organization to ensure that adding the Mental Health First Aider badge to your signature is approved.

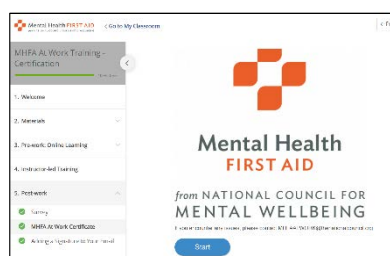


Download the certificate

1. Attest



2. “Start”



3. Download

