

ONE MIND PLEDGE ROADMAP:

Mental Health First Aid for Public Safety

1

I JUST PLEDGED TO COMPLETE THE ONE MIND CAMPAIGN! TELL ME MORE.

What is Mental Health First Aid (MHFA)?

What is MHFA for Public Safety?

2

WHAT'S NEXT?

Determine who should be trained in MHFA.

Advocate for funding.

3

CHOOSE A SOLUTION.

Contract with an existing MHFA community Instructor.

- Search by your city or zip code and select “Find Courses.”
- Filter by “Instructors” and “Public Safety.”
- Click on a MHFA Instructor’s name to access their contact information.
- Reach out to learn about their availability and rates.

Help a staff member achieve their MHFA Instructor certification.

4

SHARE YOUR SUCCESS.

Read MHFA success stories.

Submit your story!

QUESTIONS?

Read the One Mind Pledge FAQs or email us at:
Hello@MentalHealthFirstAid.org.



Mental Health FIRST AID

from NATIONAL COUNCIL FOR MENTAL WELLBEING