

Mental Health First Aid (MHFA) Instructor Training

PUBLIC INSTRUCTOR CERTIFICATION PROCESS

The prerequisite to the Instructor Training is taking a [MHFA Course](#) in the curriculum that you plan to teach. MHFA certificates expire after three (3) years, so if you do not have a valid MHFA certificate, you will need to retake the course.

To [become an Instructor](#), candidates complete an application (10-15 minutes), self-paced pre-work (approximately 2 hours), a remote 3-day Instructor-Led Training, and self-paced post work (1 hour). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

READY TO APPLY? [CLICK HERE!](#)

The Instructor Application is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role](#).

Haven't taken the MHFA Course yet but want to reserve a seat in an Instructor Training? You can opt to "waive" the prerequisite and move forward with the Instructor Application. However, you **must** complete an MHFA Course within thirty (30) days after the last day of the Instructor Training Course.

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor training courses. These courses are only open to in-state residents.

- [Apply for Missouri Instructor Training](#)
- [Apply for Maryland Instructor Training](#)

PRIVATE HOSTED TRAINING

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.



Upcoming Public Instructor Trainings

All Public Instructor Training Course orders require a credit card to checkout.
 For any questions, please email MHFAapplications@thenationalcouncil.org.

Each day of training is 9 AM – 5 PM in the time zone indicated.

DATE	TIME ZONE	CURRICULUM
Aug 5-7	Central	Youth
Aug 12-14	Eastern	Adult
Aug 12-14	Pacific	Youth
Aug 14-16	Central	Adult
Aug 19-21	Pacific	Adult
Aug 20-22	Central	Adult
Aug 20-22	Pacific	Youth
Aug 21-23	Eastern	Youth
Aug 26-28	Central	Adult
Aug 26-28	Central	Youth
Aug 27-29	Pacific	Adult
Aug 27-29	Eastern	Youth
Sep 3-5	Central	Adult
Sep 3-5	Eastern	Adult
Sep 3-5	Eastern	Youth
Sep 4-6	Pacific	Adult
Sep 4-6	Central	Adult
Sep 9-11	Pacific	Adult
Sep 9-11	Pacific	Youth
Sep 10-12	Eastern	Adult
Sep 10-12	Central	Youth
Sep 10-12	Eastern	Youth
Sep 11-13	Central	Adult
Sep 11-13	Eastern	Adult
Sep 16-18	Central	Adult
Sep 16-18	Central	Youth
Sep 17-19	Eastern	Adult
Sep 17-19	Eastern	Youth
Sep 18-20	Pacific	Adult
Sep 18-20	Eastern	Adult
Sep 23-25	Pacific	Adult
Sep 24-26	Central	Adult
Sep 24-26	Eastern	Adult
Sep 24-26	Eastern	Youth
Sep 25-27	Eastern	Adult
Sep 25-27	Pacific	Youth
Sep 30 - Oct 2	Central	Adult
Sep 30 - Oct 2	Central	Youth