

Mental Health First Aid Instructor Training

PUBLIC INSTRUCTOR CERTIFICATION PROCESS

Instructor certification results from attending a 3-day Instructor-Led Training that presents the Mental Health First Aid course and provides in-depth instruction on facilitating the curriculum. The entire Public Instructor Training process includes an application (takes about 10-15 minutes), self-paced pre-work (approximately 2 hours), remote 3-day Instructor-Led Training, and self-paced post work (1 hour). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

READY TO APPLY? [CLICK HERE!](#)

The Instructor Application is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role - Mental Health First Aid](#).

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor trainings. These trainings are only open to in-state residents.

Missouri residents: [Apply for Missouri Instructor Training](#)

Maryland residents: [Apply for Maryland Instructor Training](#)

PRIVATE HOSTED TRAINING

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.

If you have any questions or need assistance, please email MHFAapplications@thenationalcouncil.org.



Upcoming MHFA Instructor Trainings

EACH DAY OF THE TRAINING IS FROM 9 AM -5 PM IN THE TIME ZONE INDICATED.

DATE	TIME ZONE	CURRICULUM	LOCATION
Jan 3-5	Pacific	Adult	Virtual
Jan 3-5	Pacific	Youth	Virtual
Jan 8-10	Central	Adult	Virtual
Jan 8-10	Central	Youth	Virtual
Jan 9-11	Eastern	Adult	Virtual
Jan 9-11	Central	Youth	Virtual
Jan 10-12	Eastern	Adult	Virtual
Jan 10-12	Eastern	Youth	Virtual
Jan 16-18	Pacific	Adult	Virtual
Jan 16-18	Central	Youth	Virtual
Jan 16-18	Pacific	Youth	Virtual
Jan 17-19	Eastern	Adult	Virtual
Jan 17-19	Central	Adult	Virtual
Jan 17-19	Central	Youth	Virtual
Jan 22-24	Central	Adult	Virtual
Jan 22-24	Eastern	Youth	Virtual
Jan 23-25	Eastern	Adult	Virtual
Jan 23-25	Central	Youth	Virtual
Jan 23-25	Pacific	Youth	Virtual
Jan 24-26	Eastern	Adult	Virtual
Jan 24-26	Eastern	Youth	Virtual
Jan 29-31	Central	Adult	Virtual
Jan 29-31	Central	Youth	Virtual
Jan 30-Feb 1	Eastern	Adult	Virtual
Jan 30-Feb 1	Central	Youth	Virtual
Jan 30-Feb 1	Eastern	Youth	Virtual
Jan 31-Feb 2	Pacific	Adult	Virtual
Jan 31-Feb 2	Central	Adult	Virtual
Jan 31-Feb 2	Pacific	Youth	Virtual

There is still limited availability for December Courses! Please email MHFAapplications@thenationalcouncil.org if interested in registering before the new year.

If you have any questions or need assistance, please email MHFAapplications@thenationalcouncil.org.

