

Mental Health First Aid Instructor Training

PUBLIC INSTRUCTOR CERTIFICATION PROCESS

Instructor certification results from attending a 3-day Instructor-Led Training that presents the Mental Health First Aid course and provides in-depth instruction on facilitating the curriculum. The entire Public Instructor Training process includes an application (takes about 10-15 minutes), self-paced pre-work (approximately 2 hours), remote 3-day Instructor-Led Training, and self-paced post work (1 hour). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

READY TO APPLY? CLICK HERE!

The Instructor Application is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role - Mental Health First Aid](#).

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor trainings. These trainings are only open to in-state residents.

Missouri residents: [Apply for Missouri Instructor Training](#)

Maryland residents: [Apply for Maryland Instructor Training](#)

PRIVATE HOSTED TRAINING

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.

If you have any questions or need assistance, please email MHFAapplications@thenationalcouncil.org.

Upcoming Public Instructor Trainings

March Virtual Courses		
DATE	TIME ZONE	CURRICULUM
March 11-13	Central	Adult
March 11-13	Pacific	Youth
March 12-14	Eastern	Adult
March 13-15	Eastern	Adult
March 13-15	Pacific	Adult
March 13-15	Central	Youth
March 19-21	Eastern	Adult
March 19-21	Eastern	Youth
March 20-22	Central	Adult
March 20-22	Eastern	Youth
March 20-22	Pacific	Youth
March 25-27	Pacific	Adult
March 26-28	Central	Youth
March 26-28	Eastern	Adult
March 26-28	Eastern	Youth
March 27-29	Central	Adult

*Each day of the 3-day course is 9 AM
– 5 PM in the time zone indicated.*

April Virtual Courses		
DATE	TIME ZONE	CURRICULUM
April 1-3	Central	Adult
April 2-4	Eastern	Adult
April 2-4	Pacific	Youth
April 3-5	Eastern	Youth
April 8-10	Pacific	Adult
April 8-10	Central	Youth
April 9-11	Eastern	Adult
April 9-11	Eastern	Youth
April 15-17	Central	Adult
April 16-18	Eastern	Youth
April 17-19	Eastern	Adult
April 17-19	Pacific	Youth
April 22-24	Pacific	Adult
April 23-25	Central	Adult
April 23-25	Eastern	Youth
April 24-26	Eastern	Adult
April 24-26	Central	Youth
April 29-May 1	Pacific	Adult
April 29-May 1	Pacific	Youth
April 30-May 2	Central	Adult
April 30-May 2	Central	Youth

Interested in attending a Public Instructor Training in person? Join us in St. Louis, Missouri from April 11-13, 2024!

In anticipation of [NatCon24](#), attend an in-person Instructor Training course in the days leading up to the National Council for Mental Wellbeing's annual conference—the largest conference in mental health and substance use treatment! Each day of the in-person sessions is from 9 AM – 5 PM. Once enrolled in the course, you can access to more details, including the specific in-person training location.

Please Note: The Instructor Tuition does not include travel expenses, such as room, board, or transportation.