

## Mental Health First Aid Instructor Training

### *PUBLIC INSTRUCTOR CERTIFICATION PROCESS*

Instructor certification results from attending a 3-day Instructor-Led Training that presents the Mental Health First Aid course and provides in-depth instruction on facilitating the curriculum. The entire Public Instructor Training process includes an application (takes about 10-15 minutes), self-paced pre-work (approximately 2 hours), remote 3-day Instructor-Led Training, and self-paced post work (1 hour). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

### *READY TO APPLY? [CLICK HERE!](#)*

The Instructor Application is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role - Mental Health First Aid](#).

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor trainings. These trainings are only open to in-state residents.

**Missouri residents:** [Apply for Missouri Instructor Training](#)

**Maryland residents:** [Apply for Maryland Instructor Training](#)

### *PRIVATE HOSTED TRAINING*

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.

If you have any questions or need assistance, please email [MHFAapplications@thenationalcouncil.org](mailto:MHFAapplications@thenationalcouncil.org).

## Upcoming Public Instructor Trainings

February Virtual Courses		
DATE	TIME ZONE	CURRICULUM
Feb 6-8	Central	Adult
Feb 7-9	Eastern	Adult
Feb 12-14	Central	Adult
Feb 12-14	Pacific	Youth
Feb 13-15	Eastern	Adult
Feb 13-15	Eastern	Youth
Feb 14-16	Central	Youth
Feb 20-22	Central	Adult
Feb 20-22	Central	Youth
Feb 20-22	Eastern	Adult
Feb 21-23	Pacific	Youth
Feb 21-23	Pacific	Adult
Feb 21-23	Eastern	Youth
Feb 26-28	Central	Adult
Feb 26-28	Pacific	Youth
Feb 27-29	Eastern	Youth
Feb 27-29	Central	Youth
Feb 27-29	Pacific	Adult
Feb 28-March 1	Eastern	Adult
Feb 28-March 1	Eastern	Youth

March Virtual Courses		
DATE	TIME ZONE	CURRICULUM
March 4-6	Central	Adult
March 4-6	Central	Youth
March 5-7	Eastern	Adult
March 5-7	Eastern	Youth
March 5-7	Central	Youth
March 6-8	Eastern	Adult
March 6-8	Pacific	Adult
March 6-8	Eastern	Youth
March 11-13	Central	Adult
March 11-13	Pacific	Youth
March 12-14	Eastern	Adult
March 12-14	Eastern	Youth
March 13-15	Eastern	Adult
March 13-15	Pacific	Adult
March 13-15	Central	Youth
March 18-20	Pacific	Adult
March 18-20	Central	Youth
March 19-21	Eastern	Adult
March 19-21	Eastern	Youth
March 20-22	Central	Adult
March 20-22	Eastern	Youth
March 20-22	Pacific	Youth
March 25-27	Pacific	Adult
March 25-27	Pacific	Youth
March 26-28	Central	Youth
March 26-28	Eastern	Adult
March 26-28	Eastern	Youth
March 27-29	Central	Adult
March 27-29	Eastern	Adult

*Each day of the 3-day course is 9 AM – 5 PM in the time zone indicated.*

### Interested in attending a Public Instructor Training in person? Join us in St. Louis, Missouri from April 11-13, 2024!

In anticipation of [NatCon24](#), attend an in-person Instructor Training course in the days leading up to the National Council for Mental Wellbeing's annual conference—the largest conference in mental health and substance use treatment! Each day of the in-person sessions is from 9 AM – 5 PM. Once enrolled in the course, you can access to more details, including the specific in-person training location.

**Please Note: The Instructor Tuition does not include travel expenses, such as room, board, or transportation.**