

Mental Health First Aid (MHFA) Instructor Training

PUBLIC INSTRUCTOR CERTIFICATION PROCESS

The prerequisite to the Instructor Training is taking a [MHFA Course](#) in the curriculum that you plan to teach. MHFA certificates expire after three (3) years, so if you do not have a valid MHFA certificate, you will need to retake the course.

To [become an Instructor](#), candidates complete an application (10-15 minutes), self-paced pre-work (approximately 2 hours), a remote 3-day Instructor-Led Training, and self-paced post work (1 hour). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

READY TO APPLY? [CLICK HERE!](#)

The Instructor Application is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role](#).

Haven't taken the MHFA Course yet but want to reserve a seat in an Instructor Training? You can opt to "waive" the prerequisite and move forward with the Instructor Application. However, you **must** complete an MHFA Course within thirty (30) days after the last day of the Instructor Training Course.

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor training courses. These courses are only open to in-state residents.

- [Apply for Missouri Instructor Training](#)
- [Apply for Maryland Instructor Training](#)

PRIVATE HOSTED TRAINING

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.

Upcoming Public Instructor Trainings

DATE (9am-5pm each day)	TIME ZONE	CURRICULUM
Feb 3 - 5	Pacific	Adult
Feb 3 - 5	Central	Youth
Feb 4 - 6	Eastern	Adult
Feb 5 - 7	Central	Adult
Feb 5 - 7	Eastern	Youth
Feb 10 - 12	Eastern	Adult
Feb 10 - 12	Pacific	Youth
Feb 11 - 13	Central	Adult
Feb 12 -14	Eastern	Adult
Feb 12 -14	Central	Youth
Feb 18 - 20	Pacific	Adult
Feb 18 - 20	Central	Youth
Feb 18 - 20	Eastern	Adult
Feb 19 - 21	Eastern	Youth
Feb 19 - 21	Central	Adult
Feb 24 - 26	Central	Adult
Feb 24 - 26	Pacific	Youth
Feb 25 - 27	Eastern	Adult
Feb 26 - 28	Central	Adult
Feb 26 - 28	Eastern	Youth
March 3 - 5	Pacific	Adult
March 3 - 5	Central	Youth
March 4 - 6	Eastern	Adult
March 4 - 6	Eastern	Youth
March 5 - 7	Eastern	Adult
March 10 - 12	Central	Adult
March 10 - 12	Pacific	Youth
March 11 - 13	Eastern	Adult
March 11 - 13	Eastern	Youth
March 12 - 14	Central	Adult
March 17 - 19	Pacific	Adult
March 17 - 19	Pacific	Youth
March 18 - 20	Central	Adult
March 18 - 20	Eastern	Youth
March 20 – 22*	Eastern	Adult
March 24 - 26	Central	Adult
March 24 - 26	Central	Youth
March 25 - 27	Eastern	Adult
March 25 - 27	Eastern	Youth
March 26 - 28	Eastern	Adult
March 31 - Apr 2	Pacific	Adult
March 31 - Apr 2	Central	Youth

*** Please note that March 20 - 22 occurs Thursday – Saturday.
All other courses take place between Monday – Friday.**

**All Public Instructor Training Course orders require a credit card to checkout.
For any questions, please email MHFAapplications@thenationalcouncil.org.**