

## Mental Health First Aid (MHFA) Instructor Training

### *PUBLIC INSTRUCTOR CERTIFICATION PROCESS*

The prerequisite to the Instructor Training is taking a [MHFA Course](#) in the curriculum that you plan to teach. MHFA certificates expire after three (3) years, so if you do not have a valid MHFA certificate, you will need to retake the course.

To [become an Instructor](#), candidates complete an application (10-15 minutes), self-paced pre-work (approximately 2 hours), a remote 3-day Instructor-Led Training, and self-paced post work (1 hour). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

### *READY TO APPLY? [CLICK HERE!](#)*

The Instructor Application is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role](#).

**Haven't taken the MHFA Course yet but want to reserve a seat in an Instructor Training?** You can opt to "waive" the prerequisite and move forward with the Instructor Application. However, you **must** complete an MHFA Course within thirty (30) days after the last day of the Instructor Training Course.

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor training courses. These courses are only open to in-state residents.

- [Apply for Missouri Instructor Training](#)
- [Apply for Maryland Instructor Training](#)

### *PRIVATE HOSTED TRAINING*

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.

## Upcoming Public Instructor Trainings

DATE (9am-5pm each day)	TIME ZONE	CURRICULUM
May 13 - 15	Eastern	Youth
May 13 - 15	Eastern	Adult
May 14 - 16	Central	Youth
May 14 - 16	Central	Youth
May 19 - 21	Pacific	Adult
May 20 - 22	Central	Youth
May 20 - 22	Central	Adult
May 20 - 22	Eastern	Adult
May 21 - 23	Eastern	Youth
May 27 - 29	Eastern	Adult
May 27 - 29	Central	Adult
May 27 - 29	Central	Youth
<b>May 29 - 31</b>	<b>Eastern</b>	<b>Adult</b>
May 28 - 30	Eastern	Youth
June 2 - 4	Pacific	Adult
June 3 - 5	Central	Adult
June 3 - 5	Central	Youth
June 4 - 6	Eastern	Adult
June 4 - 6	Eastern	Youth
June 9 - 11	Central	Adult
June 9 - 11	Central	Youth
June 10 - 12	Eastern	Adult
June 10 - 12	Eastern	Youth
June 11 - 13	Eastern	Adult
June 16 - 18	Central	Adult
June 16 - 18	Central	Youth
June 17-19	Central	Adult
June 17-19	Eastern	Adult
June 17-19	Eastern	Youth
June 23 - 25	Pacific	Adult
June 23 - 25	Pacific	Youth
June 24 - 26	Eastern	Adult
June 25 - 27	Eastern	Adult
June 25 - 27	Eastern	Youth
June 30 - July 2	Eastern	Adult
June 30 - July 2	Central	Youth
July 1-3	Eastern	Adult
July 1-3	Central	Adult
July 1-3	Eastern	Youth
July 7 - 9	Pacific	Adult
July 7 - 9	Pacific	Youth
July 8 - 10	Central	Adult
July 8 - 10	Eastern	Youth
July 9 - 11	Eastern	Adult

**\* May 29 – 31 occurs Thursday – Saturday. All other courses take place between Monday – Friday.**

**All Public Instructor Training Course orders require a credit card to check out.**

**For any questions, please email [MHFAapplications@thenationalcouncil.org](mailto:MHFAapplications@thenationalcouncil.org).**