

Adult/Youth Mental Health First Aid (MHFA) Instructor Training

PUBLIC INSTRUCTOR CERTIFICATION PROCESS

The prerequisite to the Instructor Training is taking a [MHFA Course](#) in the curriculum that you plan to teach (Adult or Youth). MHFA certificates expire after three (3) years.

To [become an Instructor](#), candidates complete an application (10-15 minutes), self-paced pre-work (approximately 2 hours), a remote 3-day Instructor-Led Training, and self-paced post work (1 hour). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

READY TO APPLY? [CLICK HERE!](#)

The Instructor Application is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role](#).

Haven't taken the MHFA Course yet but want to reserve a seat in an Instructor Training? You can opt to "waive" the prerequisite and move forward with the Instructor Application. However, you **must** complete an MHFA Course within thirty (30) days after the last day of the Instructor Training Course.

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor training courses. These courses are only open to in-state residents.

- [Apply for Missouri Instructor Training](#)
- [Apply for Maryland Instructor Training](#)

PRIVATE HOSTED TRAINING

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.



Upcoming Public Instructor Trainings

The live, 3-day Instructor Training course is held virtually over Zoom from 9 AM - 5 PM each day of the training in the time zone indicated (Eastern, Central, or Pacific Time).

ADULT	
June 3 - 5	Central
June 9 - 11	Central
June 10 - 12	Eastern
June 16 - 18	Central
June 17-19	Central
June 17-19	Eastern
June 23 - 25	Pacific
June 24 - 26	Eastern
June 25 - 27	Eastern
June 30 - July 2	Eastern
July 1-3	Eastern
July 1-3	Central
July 7 - 9	Pacific
July 8 - 10	Central
July 9 - 11	Eastern
July 14 - 16	Central
July 15 - 17	Eastern
July 15 – 18	Eastern
July 21 - 23	Central
July 23 - 25	Eastern
July 24 - 26	Central
July 28 - 30	Pacific
July 29 - 31	Central
July 30 - Aug 1	Eastern

YOUTH	
June 4 - 6	Eastern
June 9 - 11	Central
June 10 - 12	Eastern
June 16 - 18	Central
June 17-19	Eastern
June 23 - 25	Pacific
June 25 - 27	Eastern
June 30 - July 2	Central
July 1-3	Eastern
July 7 - 9	Pacific
July 8 - 10	Eastern
July 14 - 16	Central
July 15 - 17	Eastern
July 16 - 18	Eastern
July 22 - 24	Pacific
July 23 - 25	Central
July 28 - 30	Central
July 29 - 31	Eastern
July 30 - Aug 1	Eastern

Special Course Offering: Get Certified to Teach MHFA for Higher Education!

Don't miss this unique, four-day training designed specifically for those in higher education.

- Day 1: ***MHFA for Higher Education Course*** – Fulfills Instructor Training prerequisite.
- Days 2–4: ***MHFA Instructor Training*** – Prepares you to teach both Adult MHFA and MHFA for Higher Education.

Upon completion, you'll be certified to instruct both courses, Adult MHFA and MHFA for Higher Education, broadening your impact in academic settings and beyond. Spaces are limited—secure your spot today!

- Dates: July 15–18 (Eastern Time)
- Cost: \$2,400 (non-members) | \$2,200 (members)

All Public Instructor Training Course orders require a credit card to check out.
For any questions, please email MHFAapplications@thenationalcouncil.org.