

## Adult/Youth Mental Health First Aid (MHFA) Instructor Training

### ***PUBLIC INSTRUCTOR CERTIFICATION PROCESS***

The prerequisite to the Instructor Training is taking a [MHFA Course](#) in the curriculum that you plan to teach (Adult or Youth). MHFA certificates expire after three (3) years.

To [become an Instructor](#), candidates complete an application (10-15 minutes), self-paced pre-work (approximately 2 hours), a remote 3-day Instructor-Led Training, and self-paced post work (1 hour). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

### ***READY TO APPLY? [CLICK HERE!](#)***

The Instructor Application is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role](#).

**Haven't taken the MHFA Course yet but want to reserve a seat in an Instructor Training?** You can opt to "waive" the prerequisite and move forward with the Instructor Application. However, you **must** complete an MHFA Course within thirty (30) days after the last day of the Instructor Training Course.

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor training courses. These courses are only open to in-state residents.

- [Apply for Missouri Instructor Training](#)
- [Apply for Maryland Instructor Training](#)

### ***PRIVATE HOSTED TRAINING***

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.

## Upcoming Public Instructor Trainings

The live, 3-day Instructor Training course is held virtually over Zoom from 9 AM - 5 PM each day of the training in the time zone indicated (Eastern, Central, or Pacific Time).

ADULT	
Sep 8 - 10	Central
Sep 9 - 11	Eastern
Sep 15 - 17	Central
Sep 16 - 18	Eastern
Sep 23 - 25	Eastern
Sep 29 - Oct 1	Central
Sep 30 - Oct 2	Eastern
Sep 30 - Oct 2	Central
Oct 6 - 8	Pacific
Oct 7 - 9	Central
Oct 8 - 10	Eastern
Oct 13 - 15	Central
Oct 14 - 16	Eastern
Oct 15 - 17	Eastern
Oct 20 - 22	Eastern
Oct 21 - 23	Central
Oct 22 - 24	Eastern
Oct 27 - 29	Pacific
Oct 28 - 30	Eastern
Oct 29 - 31	Central

YOUTH	
Sep 8 - 10	Pacific
Sep 15 - 17	Central
Sep 22 - 24	Pacific
Sep 24 - 26	Central
Sep 29 - Oct 1	Central
Sep 30 - Oct 2	Eastern
Oct 7 - 9	Central
Oct 8 - 10	Eastern
Oct 13 - 15	Central
Oct 14 - 16	Eastern
Oct 21 - 23	Eastern
Oct 22 - 24	Central
Oct 27 - 29	Pacific
Oct 29 - 31	Central

***All Public Instructor Training Course orders require a credit card to check out.  
For any questions, please email [MHFAapplications@thenationalcouncil.org](mailto:MHFAapplications@thenationalcouncil.org).***