

## Adult/Youth Mental Health First Aid (MHFA) Instructor Training

### ***PUBLIC INSTRUCTOR CERTIFICATION PROCESS***

The prerequisite to the Instructor Training is taking a [MHFA Course](#) in the curriculum that you plan to teach (Adult or Youth). MHFA certificates expire after three (3) years.

To [become an Instructor](#), candidates complete an application (10-15 minutes), self-paced pre-work (approximately 2 hours), a remote 3-day Instructor-Led Training, and self-paced post work (1 hour). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

### ***READY TO APPLY? [CLICK HERE!](#)***

The Instructor Application is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role](#).

**Haven't taken the MHFA Course yet but want to reserve a seat in an Instructor Training?** You can opt to "waive" the prerequisite and move forward with the Instructor Application. However, you **must** complete an MHFA Course within thirty (30) days after the last day of the Instructor Training Course.

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor training courses. These courses are only open to in-state residents.

- [Apply for Missouri Instructor Training](#)
- [Apply for Maryland Instructor Training](#)

### ***PRIVATE HOSTED TRAINING***

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.

## Upcoming Public Instructor Trainings

The live, 3-day Instructor Training course is held virtually over Zoom from 9 AM - 5 PM each day of the training in the time zone indicated (Eastern, Central, or Pacific Time).

| ADULT       |         |
|-------------|---------|
| Nov 3 – 5   | Eastern |
| Nov 4 – 6   | Central |
| Nov 5 – 7   | Eastern |
| Nov 12 – 14 | Pacific |
| Nov 12 – 14 | Eastern |
| Nov 17 – 19 | Central |
| Nov 18 – 20 | Eastern |
| Nov 19 – 21 | Central |
| Dec 1 – 3   | Eastern |
| Dec 2 – 4   | Central |
| Dec 3 – 5   | Eastern |
| Dec 8 – 10  | Central |
| Dec 9 – 11  | Eastern |
| Dec 10 – 12 | Pacific |
| Dec 15 – 17 | Central |
| Dec 16 – 18 | Eastern |
| Dec 17 – 19 | Central |

| YOUTH       |         |
|-------------|---------|
| Nov 3 – 5   | Eastern |
| Nov 4 – 6   | Central |
| Nov 12 – 14 | Central |
| Nov 12 – 14 | Eastern |
| Nov 17 – 19 | Pacific |
| Nov 18 – 20 | Eastern |
| Dec 1 – 3   | Eastern |
| Dec 2 – 4   | Central |
| Dec 9 – 11  | Eastern |
| Dec 10 – 12 | Pacific |
| Dec 15 – 17 | Central |
| Dec 16 – 18 | Eastern |

***All Public Instructor Training Course orders require a credit card to check out.  
For any questions, please email [MHFAapplications@thenationalcouncil.org](mailto:MHFAapplications@thenationalcouncil.org).***